



Canadian Association of  
Former Parliamentarians

Association canadienne  
des ex-parlementaires

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## Stay Connected, Stay Involved: Join CAFP and Embrace Life Beyond Parliament

We bring former parliamentarians together online, and in-person, when possible, to celebrate their accomplishments and service to Canada.

❖ **CAFP brings former parliamentarians together with:**

- An Annual General Meeting (AGM) in Ottawa
- A Regional Meeting each year (usually a provincial capital)
- Exclusive Study Tours to deepen knowledge and connections
- Networking Receptions & Social Event
- Interactive Panel Discussions on ZOOM

❖ **CAFP celebrates Former parliamentarians with two peer-selected honours:**

- The Distinguished Service Award, usually conferred at each AGM
- The Lifetime Achievement Award, conferred at a gala dinner

Each year we organize a solemn Memorial Service to commemorate the services of our recently deceased.

❖ **Stay Connected with Fellow Former Parliamentarians, via:**

- Dedicated Member Website: [www.exparl.ca](http://www.exparl.ca)
- Exclusive Magazine: Beyond the Hill – featuring stories, updates, and insights from former parliamentarians
- Confidential Membership Database: Secure access to connect with fellow members (available upon request via email at [exparl@parl.gc.ca](mailto:exparl@parl.gc.ca) or by calling the CAFPA office, toll free 1-888-567-4764 or 613-947-1690)

❖ **Exclusive Benefits & Services for Former Parliamentarians, including:**

- Parliamentary access for spouses (for paid associate members only)
- A group auto and home insurance plan available through [Cooperators](#); 1-800-387-1963. Mention that you are a CAFPA member for preferred rates.
- An extensive travel insurance plan available through [Johnson Insurance](#) 1-866-606-3362. Mention that you are a CAFPA member for preferred rates.
- Transition Support & Mentorship, providing guidance and resources for former parliamentarians navigating life after public service.

❖ **We arrange opportunities for our members to continue to serve the cause of democracy, by speaking in universities, participating in election observer missions, and other activities.**

**There's life after Parliament.**

**Please visit our website [exparl.ca](http://exparl.ca) for more information or to renew your membership.**